

United Cerebral Palsy of Michigan Adaptive Sports and Recreation Information

www.ucpmichigan.org

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Recreation	Source	Sport or recreation name	Link	Name of Article	Description	Adults	Kids	Phone Number	City	County
Baseball	The Miracle League of Michigan	Baseball	http://www.michiganmiracle.org	About the Miracle League of Michigan	First baseball field for children with any physical or mental disabilities.		X	313-530-2602	Lathrup, MI	Oakland
Baseball	Oakland County Moms	Buddy Baseball	http://www.oaklandcountymoms.com/health/special-needs/1954-buddy-baseball-special-needs-baseball-league	Special Needs Sports Leagues	Boys and girls with special needs ages 7-13 are paired with a 7-17 aged "buddy" to assist the player as needed. 6 week seasons. Games Mondays at 6:30pm starting June 4 at Clintonwood Park. Registration ends April 27, 2012. \$40/residents, \$50/non residents and \$10 for buddies.		X	248-625-8223	Clarkston, MI	Oakland
Basketball	City of Southfield: Parks and Recreation	Jr. Michigan Thunderbirds Wheelchair Basketball Team	http://www.cityofsouthfield.com/CityDepartments/LZ/ParksRecreation/AdaptiveRecreation/tabid/502/Default.aspx	Adaptive Recreation	Team was created to offer more opportunity for young athletes to compete in the Junior Division of the National Wheelchair Basketball Association.		X	248-796-5000	Southfield, MI	Oakland

Basketball	Oakland County Moms	Buddy Basketball	http://www.oaklandcountymoms.com/health/special-needs/3322-buddy-basketball-special-needs-sports-league	Special Needs Sports Leagues	Boys and girls with special needs ages 7-13 are paired with a "buddy" to assist the player as needed. 2/6/12-3/19/12. Games take place at Everest Academy on Clarkston Road on Mondays at 5:45pm or 7pm. \$40 for residents, \$50 for non-residents, \$10 for buddies.	X	248-625-8223	Clarkston, MI	Oakland	
Basketball	Oakland County Moms	Youth Basketball League for Individuals with Autism Spectrum Disorder	http://www.oakland.edu/upload/docs/SEHS/OUCARES%20Files/OU%20CARES/jacks%20place/2012%20Winter%20Program%20Flyer.pdf	Special Needs Sports Leagues	Held Fridays, 1/20/12-3/9/12 for ages 10-13 from 6pm-7pm and for ages 14+ from 7pm-8pm. Also held on Saturdays 1/21/12-3/10/12 for ages 6-9 from 11:15am-12:15pm. Located at Oakland University Recreation Center and costs \$50. Instructed by a psychologist. Participants learn basic basketball skills.	X	248-374-2424		Oakland	
Basketball	City of Troy Recreation Department	Basketball	http://troymi.gov/ParksRec/AdaptiveRecreation/	Adaptive Recreation	Offered to persons with developmental disabilities in the fall and winter on Tuesday evenings. Registration required. Minimum age is 16.	X	X	248-524-3484	Troy, MI	Oakland

Bowling	City of Troy Recreation Department	Bowling	http://troymi.gov/ParksRec/AdaptiveRecreation/	Adaptive Recreation	Saturdays (with exceptions) from 10am-12pm at Troy Lanes. \$6 per week includes shoes and 3 games of bowling. Minimum age is 10.	X	X	248-524-3484	Troy, MI	Oakland
Camps	Camp Grace Bentley on the Shores of Lake Huron	Summer Camp	http://www.campgracebentley.org/about_camp_grace_bentley.html	Camp Grace Bentley on the Shores of Lake Huron	Camp Grace Bentley hosts campers with a range of physical and mental challenges ages 7-16. Held for 9 week sessions beginning in late-June, running through mid-August. Before admittance, each camper is screened to ensure that Camp Grace Bentley is best suited for his or her needs		X	313-962-8242	Birmingham, MI	Oakland
Camps	Clarkston SCAMP: A Special Camp for Special Kids	Summer Camp	http://clarkstonscamp.com/aboutSCAMP.html	The SCAMP Program	5 week summer day camp for kids at least 3 years of age and older. SCAMP applications due April 15. Held June 27-August 3 Monday, Tuesday, Wednesday from 9am-2pm.		X	248-623-4314	Clarkston, MI	Oakland
Club	City of Troy Recreation Department	Daytime Friendship Club	http://troymi.gov/ParksRec/AdaptiveRecreation/	Adaptive Recreation	For adults with developmental disabilities. Tuesdays and Thursdays from 10am-3pm. Variety of activities. Registration by the month is required. Minimum age is 18.	X		248-524-3484	Troy, MI	Oakland

Club	City of Troy Recreation Department	Friendship Club	http://troymi.gov/ParksRec/AdaptiveRecreation/	Adaptive Recreation	For teens and adults with developmental disabilities. Held on the second, third, and fourth Monday evenings. Reservations are not required. Minimum age is 13.	X	X	248-524-3484	Troy, MI	Oakland
Diet/Healthy Lifestyle	City of Troy Recreation Department	Weight Watchers	http://troymi.gov/ParksRec/AdaptiveRecreation/	Adaptive Recreation	For teens and adults with developmental disabilities on Tuesdays at 5:30pm and 6pm. Exceptionally low weekly fee plus an low installation fee.	X	X	248-816-1900	Troy, MI	Oakland
Extremity Games	Athletes with Disabilities Network	Extremity Games	http://www.extremitygames.com/rules.php	There's No Replacement for the Competitive Spirit	Extreme sports event including competitions. Event is organized to raise awareness of individuals living with disabilities being capable of competing in extreme sports.	X		248-829-8353	Rochester Hills, MI	Oakland
Golf	Oakland County Moms	SNAG (Starting New At Golf) Golf for Individuals with Autism Spectrum Disorder	http://www.oakland.edu/upload/docs/SEHS/OUCARES%20Files/OU%20CARES/jacks%20place/2012%20Winter%20Program%20Flyer.pdf	Special Needs Sports Leagues	Held Tuesdays, 1/17/12-2/21/12 for ages 8+ from 5:30-6:30pm at Pawley Hall- Atrium. Cost is \$65. SNAG is a simplified form of golf that is appropriate for those with a diagnosis of Asperger's, High functioning Autism or PDD/NOS. Siblings and peer buddies also invited to register for this program.		X	248-374-2424		Oakland

Martial Arts	Oakland County Moms	Martial Arts Lessons for Individuals with Autism Spectrum Disorder	http://www.oakland.edu/upload/docs/SEHS/OUCARES%20Files/OU%20CARES/jacks%20place/2012%20Winter%20Program%20Flyer.pdf	Special Needs Sports Leagues	Held Thursdays, 1/19/12-2/23/12 for ages 6-11 from 5-5:45pm and for ages 12+ from 6-6:45pm at Pawley Hall - Atrium. Cost is \$65. Instructed by Shelby Martial Arts Academy staff. Participants learn the basics of self-defense and must be able to work well in group settings.	X	248-374-2424		Oakland
Martial Arts	Abilities Center, Inc.	Martial Arts	http://www.abilitiescenter.com/brochures/martial_arts.pdf	Martial Arts	Parent/Child classes for children ages 5 and up with physical and developmental delays. Participants benefit from the expertise of a Black Belt instructor. Held Wednesday evenings for six week sessions	X	248-926-0909	Walled Lake, MI	Oakland
Soccer	Oakland County Moms	TOPSoccer	http://www.rysl.com/TOPSoccer/topsoccer.htm	Special Needs Sports Leagues	Program that trains young people with disabilities to play soccer. TOPSoccer is an alternative to the mainstream RYSL/RSC soccer program.	X	248-650-0113	Rochester Hills, MI	Oakland

Soccer	Oakland County Moms	Indoor Soccer League for Individuals with Autism Spectrum Disorder	http://www.oakland.edu/upload/docs/SEHS/OUCARES%20Files/OU%20CARES/jacks%20place/2012%20Winter%20Program%20Flyer.pdf	Special Needs Sports Leagues	For ages 4-9 Saturdays, 1/21/12-3/10/12 from 10am-11am at the Oakland University Recreation Center. Costs \$50. Instructed by a psychologist. Participants learn to play soccer through simple drills and small games.		X	248-374-2424		Oakland
Soccer	City of Troy Recreation Department	Soccer League	http://troymi.gov/ParksRec/AdaptiveRecreation/	Adaptive Recreation	Spring and fall soccer offered for physically and developmentally disabled ages five through 26.	X	X	248-524-3247	Troy, MI	Oakland
Softball	City of Troy Recreation Department	Softball	http://troymi.gov/ParksRec/AdaptiveRecreation/	Adaptive Recreation	Games held on Thursday evenings and practices held on Tuesday evenings May through August for teens and adults with developmental disabilities. Registration required. Minimum age is 16.	X	X	248-525-3484	Troy, MI	Oakland
Special Olympics	City of Troy Recreation Department	Special Olympics	http://troymi.gov/ParksRec/AdaptiveRecreation/	Adaptive Recreation	Swimming, track-and-field, and golf. Minimum age of 8.	X	X	248-524-3484	Troy, MI	Oakland
Swimming	City of Troy Recreation Department	Swimming	http://troymi.gov/ParksRec/AdaptiveRecreation/	Adaptive Recreation	Registration required. Team Troy Special Olympics offers Special Olympics swim training each January. Minimum age is 8.	X	X	248-370-0922	Troy, MI	Oakland